

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

recoup

Manufacturer:

Recoup Beverage Services

Phone: 929-227-1213

Email: info@recoupbeverage.com

www.recoupwellness.com/collections/recoup-wellness

Recoup Organic Hydration

Description: (from Manufacturer's Website)

Ginger-Powered Hydration Beverage.

Primary Application(s):

Daily Hydration

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None



Price per Serving:** \$3.33

3rd Party Certifications:

Vegan, Gluten Free, Non-GMO, Organic, Kosher

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon Lime Ginger, Pineapple Coconut Ginger, Watermelon Blood Orange Ginger

Not Recommended

Rating: **59.4** points



Nutrition Facts

1 serving per container

Serving size 12 Fl oz (355mL)

Amount per serving

Calories 50

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 10mg 0%

Total Carbohydrate 14g 5%

Dietary Fiber 0g 0%

Total Sugars 10g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 0mcg 0%

Calcium 52mg 4%

Iron 0mg 0%

Potassium 88mg 2%

Vitamin C 1mg 2%

Vitamin E 0mg 0%

Riboflavin 0.2mg 15%

Magnesium 15mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Organic Maple Water, Organic Ginger Juice, Organic Flavors, Organic Fruit Juice Concentrate, Magnesium Citrate.

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