



# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

CON - Slightly High Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

CON - Contains Some Artificial Flavor(s)

### Coloring:

CON - Contains Artificial Color(s)

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

### Glycemic Index:

NEUTRAL - Medium Glycemic Index

### Sodium Content:

NEUTRAL - Moderate Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

PRO - Helps Treat Illness



Manufacturer:  
Rite Aid

Phone: 800-748-3243

Email: [www.riteaid.com/customer-support](http://www.riteaid.com/customer-support)

[www.riteaid.com/shop/rite-aid-advantage-care-electrolyte-solution-cherry-punch-1-1-qt](http://www.riteaid.com/shop/rite-aid-advantage-care-electrolyte-solution-cherry-punch-1-1-qt)



## Rite Aid Advantage Care Electrolyte Solution

### Description: (from Manufacturer's Website)

Quickly Replenishes Fluids, Zinc, and Electrolytes Lost During Diarrhea and Vomiting More Effectively than Sports Drinks, Sodas, Juices, and Water to Prevent Dehydration.

### Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

### Beverage Form:

Ready to Drink

### Beverage Base:

Still Water

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$2.16

### 3rd Party Certifications:

None

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Cherry Punch, Kiwi Berry, Blue Raspberry

Poor Choice

Rating: **60.9** points



## Nutrition Facts

Serving Size: 12 fl oz (360ml)

Servings per Container: 3

Calories: **25**

		% Daily Value *
<b>Total Fat</b>	0g	0%
<b>Total Carbohydrate</b>	6g	2%
Total Sugars	6g	
Includes 6g Added Sugars		12%
<b>Sodium</b>	370mg	16%
<b>Potassium</b>	280mg	6%
<b>Zinc</b>	2.8mg	25%
<b>Chloride</b>	440mg	20%

\*Percent Daily Value is based on a 2,000 calorie diet.

\*\* Daily Value not Established.

### Ingredients

Water, Dextrose, Less than 1% of: Galactooligosaccharides, Citric Acid, Natural and Artificial Flavor, Potassium Citrate, Salt, Sodium Citrate, Sucralose, Acesulfame Potassium, Zinc Gluconate, Red 40, Blue 1.

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