

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

NEUTRAL - Doesn't Contain Any Flavoring

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

NEUTRAL - Does Not Contain Any Sweetener(s), PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

CON - No Energy Ingredient(s)

Other Functional Benefits:

CON - No Other Functional Benefits

LivePristine

Manufacturer:

LivePristine

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www.livepristine.com/collections/electrolyte-balance/prod-ucts/electrolyte-balance-powder



Electrolyte Balance (Powder)

Description: (from Manufacturer's Website)

Our Unique Formula Re-Creates the Same Optimum Circumstances Nature Uses to Properly Deliver Bicarbonate Salts and Silicic Acid to the Body.

Primary Application(s):

Daily Hydration

Beverage Form:

Liquid Concentrate

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.00

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Unflavored

Poor Choice

Rating: **67.6** points



Supplement Facts

Serving Size: 1/2 tsp (1.03g)
Servings per Container: 90

Calories: 0

	% Daily Value*
Calcium 5mg	<1%
Magnesium 375mg	89.29%
Chloride 23mg	1%
Sodium 25mg	1.09%
Potassium 10mg	<1%

% Daily Values are Based on a 2,000 Calorie Diet.

Ingredients

Magnesium Bicarbonate, Silica (Vortex Evaporated).

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