



2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Low Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

Nectar

Manufacturer:

Nectar

Phone: 917-853-1295

Email: hi@drinknectar.co

www.drinknectar.co/products/essential-daily-hydration



Nectar Essential Daily Hydration

Description: (from Manufacturer's Website)

A Clean, Daily Hydration Mix Optimized to Hydrate You Faster and More Efficiently than Water Alone.

Primary Application(s):

Daily Hydration

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.17

3rd Party Certifications:

Natural, Vegan, Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Fresh Lemon, Wild Berry, Sunrise Orange, Cherry Pomegranate, Strawberry Lemonade, Watermelon

Highly Recommended

Rating: **89.2** points



Nutrition Facts

30 servings per container
Serving size 1 Stick (3.2g)
Makes 16 fl oz

Amount per serving

Calories 0

% Daily Value

Total Fat 0g **0%**

Cholesterol 0mg **0%**

Sodium 100mg **4%**

Total Carbohydrate <1g **0%**

Total Sugars 0g

Protein 0g

Calcium 75mg **6%**

Potassium 250mg **6%**

Magnesium 50mg **12%**

Chloride 150mg **6%**

Not a significant source of saturated fat, trans fat, dietary fiber, added sugars, vitamin D and iron.

Ingredients

Organic Fruit (Lemon, Orange or Berry) Flavor, Citric Acid (for Lemon and Orange), Malic Acid (for Berry), Potassium Citrate, Calcium Citrate, Magnesium Citrate, Himalayan Pink Salt, Organic Stevia.

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