



2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USB.R.B. Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Low Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity



Manufacturer:

Berri Organics

Phone: 818-699-8828

Email: founders@berripro.com

www.berriorganics.com/collections/berri-lyte-drinks

Berri Lyte

Description: (from Manufacturer's Website)

Light Version of the World's First Plant-Based Fitness Beverage for Active Hydration.

Primary Application(s):

Daily Hydration

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

Tree Nuts and/or Coconut



Price per Serving:** \$2.12

3rd Party Certifications:

Organic, Non-GMO, Keto-Paleo Friendly

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Strawberry, Acai Berry, Grape, Cherry

Highly Recommended

Rating: **82.6** points



Nutrition Facts

About 4 servings per container

Serving Size **8 fl oz (237 mL)**

Calories

Per serving

25

Per container

100

% Daily Value

% Daily Value

Total Fat 0g **0%**

0g **0%**

Sodium 180mg **8%**

720mg **32%**

Total Carbohydrate 6g **2%**

24g **8%**

Total Sugars 4g

16g

Total Added Sugars 3g **6%**

12g **24%**

Protein 0g

Potassium 210mg **5%**

840mg **20%**

Vitamin C 2mg **2%**

7mg **8%**

Zinc 1mg **6%**

3mg **25%**

Chloride 370mg **16%**

1,500mg **65%**

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, and iron.

Ingredients

Filtered Water, Organic Coconut Water, Organic Agave, Organic Flavor, Organic Lemon Juice Concentrate, Sea Salt, Purple Carrot, Natural Flavors from Plants, Organic Amla Fruit, Organic Sweet Potato Juice, Organic Guava, Zinc Gluconate, Organic Maqui Berries. Contains: Coconut.

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