

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USB RB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

CON - Inadequate Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

NEUTRAL - Doesn't Contain Any Coloring

### Sugar Content:

CON - Contains Excessive Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

### Glycemic Index:

CON - High Glycemic Index

### Sodium Content:

PRO - Limited or No Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

CON - No Other Functional Benefits

# isostar®

### Manufacturer:

Isostar/Nutrition & Santé©

### Phone: N/A

Email: [www.isostar.es/contact](http://www.isostar.es/contact)

[www.isostar.es/bebida-fast-hydration-limon.html](http://www.isostar.es/bebida-fast-hydration-limon.html)



## Isostar Fast Hydration Drink

### Description: (from Manufacturer's Website)

Fast Hydration is a Ready-to-Drink Isotonic Energy Drink That Satisfies Your Needs When Doing Sports.

Price per Serving:\*\* N/A

### 3rd Party Certifications:

None

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon, Orange

### Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

### Beverage Form:

Ready to Drink

### Beverage Base:

Still Water

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

None

Not Recommended

Rating: **55.5** points



## Nutrition Facts

Serving Size: 1 bottle (473ml)  
Servings per Container: 1 Calories: 149

	Nutritional value per unit	% Nutrient Reference Values (NRV) per unit *
Energy value (kcal)	149	
Energy value (kJ)	634	
Carbohydrates of which (g)	35	
Sugars (g)	30	
Salt (g)	0.65	
Vitamin B1(Thiamin)(mg)	0.3	27
Calcium (mg)	155	19
Magnesium (mg)	62.5	17

\* Percent Daily Value (DV) based on a 2,000 calorie diet.

### Ingredients

Water, Sucrose, Glucose Syrup, Acidulant (Citric Acid), Maltodextrin, Natural Lemon Flavor with Other Natural Flavors, Sodium Citrate, Calcium Salts of Ortho-phosphoric Acid, Magnesium Carbonate, Sodium Chloride, Flavor Enhancer (Potassium Chloride), Stabilizers (E 414, E 445), Antioxidant (E 307), Vitamin B1.

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