

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer:  
Trace Minerals

Phone: 800-374-7096

Email: [support@traceminerals.com](mailto:support@traceminerals.com)

[www.traceminerals.com/products/dr-star-keys-electrolyte-powder](http://www.traceminerals.com/products/dr-star-keys-electrolyte-powder)



Highly Recommended

Rating: **81.0** points



## USB-RB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

CON - Inadequate Amount of Electrolytes

### Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

NEUTRAL - Doesn't Contain Any Coloring

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

### Glycemic Index:

NEUTRAL - Medium Glycemic Index

### Sodium Content:

PRO - Limited or No Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

PRO - Bolsters Immunity

## Dr. Starkey's Electrolyte Powder

### Description: (from Manufacturer's Website)

Electrolytes Plus a Boost of Vitamin C. Vitamin C is a Water-Soluble Vitamin and Strong Antioxidant. It Plays a Vital Role in the Body to Maintain Your Tissues, Bones, and Skin.

Price per Serving:\*\* \$0.80

### 3rd Party Certifications:

Gluten Free, Vegan, Non-GMO

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon Lime

### Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

### Beverage Form:

Powder - Bulk

### Beverage Base:

Effervescent

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

None

## Supplement Facts

Serving Size: 1 scoop  
Servings per Container: 60  
Calories: **10**

	% Daily Value *
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0g	0%
<b>Sodium</b> 35mg	2%
<b>Total Carbohydrate</b> 2g	1%
Dietary Fiber 1g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
<b>Protein</b> 0g	
<b>Vitamin C</b> 610mg	678%
<b>Vitamin B1</b> 0.23mg	19%
<b>Vitamin B3</b> 0.23mg	16%
<b>Vitamin B6</b> 5.1mg	300%
<b>Folate</b> 17mcg	4%
<b>Vitamin B12</b> 12.8mcg	533%
<b>Pantothenic Acid</b> 1.5mg	30%
<b>Calcium</b> 30mg	2%
<b>Magnesium</b> 50mg	12%
<b>Zinc</b> 1.5mg	14%
<b>Selenium</b> 18mcg	33%
<b>Manganese</b> 0.5mg	22%
<b>Chromium</b> 5.1mg	15%
<b>Chloride</b> 8mg	1%
<b>Potassium</b> 100mg	2%
<b>Ionic Trace Minerals</b> 50mg	**

\*Percent Daily Value is based on a 2,000 calorie diet.  
\*\* Daily Value not Established.

### Ingredients

Certified Organic Cane Sugar, Citric Acid, Natural Flavors Blend, Gum Arabic, Acacia Senegal Powder, Malic Acid, Steviol Glycosides (Stevia), Silica.

The USB-RB is an Independent 3rd Party Research Company Whose Mission is to Help Consumers Make Educated, Healthy Nutritional Choices. For info visit [www.usbrb.org](http://www.usbrb.org). USB-RB Data Sources Include Public Information Published by Each Company - Label Nutrition Facts; Company Website; Marketing Materials; Press Releases; Social Media. Statements Regarding Functional Ingredients Have Not Been Evaluated by the FDA or the USB-RB. While Sports and Hydration Drinks Can Provide Real Benefits, They are Not Intended to Diagnose, Treat, Cure, or Prevent any Disease or Health Condition. \* Flavor/Color Criteria Addresses the Entire Range of Flavors. \*\*Product Pricing is a Market Estimate Taken at the Time of Publication. Manufacturer's Information is Subject to Change - Always Review Nutrition Facts on the Product Package for the Latest Information Before Consuming. Other Sizes and Forms May be Available - Consult the Manufacturer for the Latest Information. If You Have Any Questions Consult a Physician Before Consuming Any Product. If You are the Manufacturer of this Product (or an Authorized Agent) and You See and Errors in the Information, Please Contact us at [info@usbrb.org](mailto:info@usbrb.org).