

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT





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USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Low Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

Basis Clean Hydration Mix

Description: (from Manufacturer's Website)

Made to Replenishes Electrolytes Lost During the Day, Helping You to Feel Focused, Energized, and Relaxed.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.67

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Price per Serving:**

Gluten Free, Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Blackberry Lemon, Cran Raspberry, Grapefruit Melon, Lemon Lime

Acceptable

Rating: **79.8** points



30 servings per container	4 (=
Serving size	1 (7g
Amount Per Serving Calories	20
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 4g Added Sugars	8%
Sugar Alcohol 0g	
Protein 0g	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 188mg	4%
Magnesium	15%
Chloride	20%

Ingredients

Organic Cane Sugar, Natural Fruit Flavors, Citric Acid, Sea Salt, Magnesium Citrate, Potassium Citrate, Sodium Citrate, Monk Fruit Extract.

day is used for general nutrition advice.

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