

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

PRO - Proper Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

NEUTRAL - Doesn't Contain Any Coloring

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

### Glycemic Index:

PRO - Will Not Impact Blood Sugar

### Sodium Content:

PRO - Limited or No Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

PRO - Supports Healthy Cell Function, Heart Health, Prevents Heat Stroke



Manufacturer:

Livingood Daily

Phone: 919-298-8080

Email: [support@drivingood.com](mailto:support@drivingood.com)

<https://store.drivingood.com/products/livingood-daily-energyze-strawberry-lemonade>



## Livingood Daily Energyze

Description: (from Manufacturer's Website)

The Perfect Synergy of Electrolytes, Energy, Immune, and Heart Support. The Electrolytes Sodium, Potassium, Magnesium, and Chloride are a Complete and Balanced Blend to Help Promote Hydration Especially After Excessive Sweating.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$1.53

3rd Party Certifications:

Non-GMO, Natural, Gluten Free, Kosher, Vegan

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Strawberry Lemonade, Lemon Lime, Berry Frost

Highly Recommended

Rating: **86.9** points



## Supplement Facts

Serving Size: 7.5g/0.26oz (1 Scoop Approximate, about 2 tsp.)  
Servings Per Container: 30

	Amount Per Serving	%DV*
Calories	5	
Vitamin C (as Ascorbic Acid)	1,650mg	1,883%
Magnesium (as Dimagnesium Malate)	80mg	19%
Chloride (as Sodium Chloride)	230mg	10%
Sodium (as Sodium Chloride)	150mg	7%
Potassium (as Potassium Bicarbonate)	200mg	4%
D-Ribose	750mg	**
FOS (Fructooligosaccharides)	450mg	**
L-Taurine	350mg	**
N-Acetyl L-Tyrosine	200mg	**
Acetyl L-Carnitine (as Acetyl L-Carnitine Hydrochloride)	200mg	**
L-Theanine	150mg	**
Citrus Bioflavonoids Complex	15mg	**
Quercetin (as Quercetin Dihydrate)	20mg	**

\*Percent Daily Value based on a 2,000 calorie diet.  
\*\*% Daily Value (DV) not established.

## Ingredients

Organic Tapioca Maltodextrin, Natural Fruit Flavors, Citric Acid, Malic Acid, Calcium Silicate, Silicon Dioxide, Organic Gum Acacia, Organic Stevia Leaf Extract, Organic Monk Fruit Extract.

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