

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

CON - Unknown Amount of Electrolytes

Electrolyte Content:

CON - Amount of Electrolytes Unavailable

Electrolyte Balance:

CON - Balance of Electrolytes Unknown

Flavoring:

NEUTRAL - Doesn't Contain Any Flavoring

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

NEUTRAL - Does Not Contain Any Sweetener(s), PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

CON - No Energy Ingredient(s)

Other Functional Benefits:

CON - No Other Functional Benefits

core

Manufacturer:

CORE Nutrition LLC/Keurig Dr. Pepper

Phone: 800-696-5891

Email: info@corenatural.com

www.hydratewithcore.com/products/core-hydration



Core Hydration

Description: (from Manufacturer's Website)

Ultra-Purified, Electrolytes and Minerals.

Primary Application(s):

Daily Hydration

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.13

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Unflavored

Poor Choice

Rating: **67.6** points



Nutrition Facts			
About 2 servings per container			
Serving size		12 fl oz (355mL)	
Calories	Per serving	Per bottle	
	0	0	
	% Daily Value	% Daily Value	
Total Fat	0g	0%	0%
Sodium	0mg	0%	0%
Total Carbohydrate	0g	0%	0%
Protein	0g	0g	0g

Ingredients

Purified Water (Purified by Reverse Osmosis), Potassium Bicarbonate, Magnesium Chloride, Calcium Chloride (Electrolyte and Mineral Sources).

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