

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

CON - Limited Hydration Capabilities

Electrolyte Content:

CON - No Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

NEUTRAL - Doesn't Contain Any Flavoring

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

NEUTRAL - Does Not Contain Any Sweetener(s), PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

CON - No Energy Ingredient(s)

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:
Nestlé USA

Phone: 877-293-2239

Email: customerservice@essentiawater.com

www.essentiawater.com



Essentia

Description: (from Manufacturer's Website)

Supercharged, Ionized, Alkaline Water.

Primary Application(s):

Daily Hydration

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.08

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Unflavored

Poor Choice

Rating: **61.9** points



Nutrition Facts

1 serving per container
Serving size 1 bottle

Amount per serving

Calories 0

% Daily Value

Total Fat 0g 0%

Sodium 0mg 0%

Total Carbohydrate 0g 0%

Protein 0g 0%

Not a significant source of nutrients.

Ingredients

Purified Water (by Reverse Osmosis), Sodium Bicarbonate, Dipotassium Phosphate, Magnesium Sulfate and Calcium Chloride, Electrolytes (for Taste).

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