

# **2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT**

# hekate

#### Manufacturer:

Hekate Health Science Inc.

Phone: 250-664-0439

Email: hello@hekate.com

www.hekate.com/products/sports-drink-mix



#### **USBRB Commentary** (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

Flavorina:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Low Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

### **Hekate Sports Drink**

Description: (from Manufacturer's Website)

Hydrate and Perform with Naturally Sourced Electrolytes and Adaptogens.

Vegan

Lemon Lime



#### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)



Rating: **79.1** points



## **Supplement Facts**

Serving Size 1/2 tbsp (4g) Servings Per Container 28

Amount Per Serving	% Daily Value**
Calories	15
Total Carbohydrate 3g	1%
Calcium 10mg	1%
Sodium 15mg	<1%
Potassium 40mg	1%
Organic Mushroom Blend	500 ma*

Organic Cordyceps (Cordyceps sinensis), Organic Reishi (Ganoderma lucidum). Organic Lion's Mane (Hericium erinaceus),

Organic Chaga (Inonotus obliguus)

\*Daily value not established

\*\*Daily values are based on a 2,000 calorie diet

Organic Coconut Water, Natural Flavor, Citric Acid, Malic Acid. Pink Himalayan Salt. Stevia Leaf Extract. Turmeric Root Powder.

# Primary Application(s):

Daily Hydration, Sports Activity (Fitness), Recov-

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Alleraens: (Ingredient Related)

Tree Nuts and/or Coconut

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