

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

CON - Coloring Agent(s) Unspecified

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Supports Healthy Cell Function, Heart Health, Prevents Heat Stroke, Bolsters Immunity

RIBO BLAST

Manufacturer:

Fantastique Foods Inc.

Phone: N/A

Email: info@riboblast.ca

www.riboblast.com



Ribo Blast Sports Drink Mix

Description: (from Manufacturer's Website)

The low-Calorie, High Energy Solution

Primary Application(s):

Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$2.50

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Saskatoon Berry, Valencia Orange

Acceptable

Rating: **79.8** points



Nutrition Facts

Serving Size: 1 packet

Servings per Container: 15 Calories: **10**

% Daily Value

Fat / Lipides 0 g	0 %
Sodium / Sodium 115 mg	5 %
Potassium / Potassium 350 mg	10 %
Carbohydrate / Glucides 2 g	1 %
Sugars / Sucres 2 g	
Protein / Protéines 0 g	
Vitamin C / Vitamine C	30%
Thiamine / Thiamine	15 %
Riboflavin / Riboflavine	15 %
Niacin / Niacine	15 %
Vitamin B6 / Vitamine B6	15 %
Vitamin B12 / Vitamine B12	15 %
Pantothenate / Pantothénate	15 %

Not a significant source of saturated fat, trans fat, cholesterol, fibre, vitamin A, calcium or iron.

Ingredients

D-Ribose, Citric Acid, Potassium Chloride, Natural Color, Sodium Citrate, Sodium Chloride, Stevia Extract, Vitamin C, Niacinamide, Calcium D- Pantothenate, Vitamin B6, Vitamin B2 (Riboflavin), Vitamin B1 (Thiamine), Vitamin B12, Natural Flavors, Silicon Dioxide.

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