

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

CON - Contains Only Artificial Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

CON - Contains Stimulant(s)

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity



Manufacturer:
Celsius

Phone: 866-423-5748

Email: celsiuscares@celsius.com

www.celsius.com/products/heat-on-the-go



Celsius Heat On-The-Go

Description: (from Manufacturer's Website)

Green Tea, Guarana Seed, Ginger, Vitamins B, C and L-Citrulline. Contains 300mg Caffeine.

Price per Serving:** \$2.43

3rd Party Certifications:

Kosher

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Strawberry Mango, Berry Blast, Watermelon Ice, Lemonade Mist

Primary Application(s):

Energy/Caffeine

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

Consumption Level Warning, Do Not Use if Caffeine Sensitive, Not for Children, Do Not Use if Pregnant, Not for Nursing Mothers

Allergens: (Ingredient Related)

None

Poor Choice

Rating: **60.8** points



Supplement Facts

Serving Size 1 Packet (7.03g)
Servings Per Container 14

| Amount Per Serving | %DV |
|---|--------------|
| Calories 15 | |
| Total Carbohydrate | 2g 1%† |
| Total Sugars | 0g 0% |
| Vitamin C (ascorbic acid) | 60mg 67% |
| Riboflavin | 1.7mg 131% |
| Niacin (as niacinamide) | 20mg 125% |
| Vitamin B6 (as pyridoxine hydrochloride) | 2mg 118% |
| Vitamin B12 (as cyanocobalamin) | 6mcg 250% |
| Biotin | 300mcg 1000% |
| Pantothenic Acid (as calcium d-pantothenate) | 10mg 200% |
| Calcium (as calcium carbonate) | 50mg 4% |
| Chromium (chelate) | 50mcg 143% |
| Sodium | 10mg <1%† |
| L-Citrulline | 2g ** |
| MetaPlus® Proprietary Blend | 1.81g |
| Taurine | ** |
| Guarana extract (seed) | ** |
| Caffeine (as caffeine anhydrous) | ** |
| Glucuronolactone | ** |
| Ginger extract (root) | ** |
| Green Tea leaf extract standardized to 15% EGCG | ** |

Not a significant source of Fat, Saturated Fat, Trans Fat, Cholesterol, Dietary Fiber, Vitamin D, Iron, and Potassium

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Ingredients

Citric Acid, Natural Lemonade Flavor, Sucralose, Beta Carotene, Silicon Dioxide.
Contains 300mg Caffeine per Serving.

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