



2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

CON - Limited Hydration Capabilities

Electrolyte Content:

CON - No Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

NEUTRAL - Doesn't Contain Any Flavoring

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

NEUTRAL - Does Not Contain Any Sweetener(s), PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

CON - No Energy Ingredient(s)

Other Functional Benefits:

CON - No Other Functional Benefits

PERFECT HYDRATION[®] ALKALINE WATER

Manufacturer:

Stratus Group Duo LLC

Phone: 323-581-3663

Email: info@perfect-hydration.com

<https://perfect-hydration.com>



Perfect Hydration Alkaline Water

Description: (from Manufacturer's Website)

Purified Through a Proprietary 9-Stage Filtration and Ionization Process, Then Balanced with a Unique Blend of Electrolyte Minerals for an Incredibly Refreshing Taste.

Primary Application(s):

Daily Hydration

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.17

3rd Party Certifications:

BPA-Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Unflavored

Poor Choice

Rating: **62.4** points



Nutrition Facts

About 1 Serving Per Can

Serving size 20 oz (591mL)

Amount per serving

Calories 0

% Daily Value*

Total Fat 0g **0%**

Sodium 0mg **0%**

Total Carbohydrate 0g **0%**

Protein 0g **0%**

Not a significant source of nutrients.

*Percent Daily Values are based on a 2,000 Calorie Diet.

Ingredients

Purified Water, Electrolytes (Potassium Carbonate, Potassium Bicarbonate, Magnesium Sulfate).

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