

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer: TB12 Inc.

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www.tb12sports.com/collections/hydration



USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Low Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

TB12 Electrolyte Powder

Description: (from Manufacturer's Website)

Recovery Never Tasted So Good. Fast, Easy, Versatile, and Bursting with Essential Minerals ââ,¬â€⊠ Including 72 Trace Minerals ââ,¬â€⊠ to Help You Stay Active and Hydrated.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.20

3rd Party Certifications:

Vegan, Dairy Free, Soy Free, Gluten Free, Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Grapefruit, Lemonade, Fruit Punch, Blueberry Pomegranate, Green Tea with Lemon



Rating: **77.3** points



Serving Size:	1 Stick Pack (3	Pack (3.6g)	
Amount Per Serving %D\			
Calories	5		
Total Carbohydrates	1g	<1%	
Total Sugars	1g		
Incl. 1g Added Sugars		2%	
Magnesium (as Magnesium Aspartate) 40mg	10%	
Chloride (as Potassium Chloride, Sodium Chloride)	125mg	5%	
Sodium (as Sodium Citrate, Sodium C	Chloride) 120mg	5%	
Potassium (as Potassium Citrate, Potassium Chloride)	125mg	3%	

Ingredients

Citric Acid, Dextrose, Natural Fruit Flavor, Silicon Dioxide, Stevia Leaf Extract, Monk Fruit Extract, Sea Mineral Concentrate.

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