

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Supports Healthy Cell Function, Heart Health, Prevents Heat Stroke, Bolsters Immunity



Manufacturer:

UpTempo Sports LLC

Phone: 646-529-5945

Email: info@play-better.com

www.u-ade.com/hydrate-now



U-Ade

Description: (from Manufacturer's Website)

Unique Hydration Formula for Each Sport.

Primary Application(s):

Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.00

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Shutout Lemon Lime, Onside Orange

Acceptable

Rating: **70.2** points



Supplement Facts

Serving Size: 15.5g (prepared with 8fl oz water)
Servings Per Container: 72.2

	Amount Per Serving	% Daily Value†
Calories	50	
Total Carbohydrate	12 g	4%
Sugars	12 g	*
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin E (as dl-alpha tocopheryl acetate)	75 IU	250%
Thiamin	2 mg	133%
Riboflavin	5 mg	294%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Vitamin B12 (as cyanocobalamin)	2 mcg	33%
Pantothenic Acid (as calcium d-pantothenate)	30 mg	300%
Calcium (as calcium carbonate)	60 mg	6%
Magnesium (as magnesium oxide)	60 mg	15%
Chloride (as potassium chloride)	190 mg	6%
Sodium (as sea salt)	65 mg	3%
Potassium (as potassium chloride)	100 mg	3%

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Ingredients

Cane Sugar, Dextrose, Bromelain, D-Ribose, Citric Acid, Silica, Natural Flavor, L-Carnosine, Turmeric Powder (Natural Color).

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