

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer: HvdroMATE

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www.hydromateusa.com/collections/electro-

lytes-powder/prod-

ucts/hydromate-hydration-powder-electrolytes-



USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

CON - Contains Some Artificial Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

HydroMATE Hydration Accelerator

Description: (from Manufacturer's Website)

Hydrate 2-3x Faster with HydroMATE Hydration Power Electrolytes.

Primary Application(s):

Daily Hydration, Recovery

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Alleraens: (Ingredient Related)

None

Price per Serving:** \$1,56

3rd Party Certifications:

Keto-Paleo Friendly

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Fruit Punch, Peach Iced Tea, Orange Citrus, Lemon Zest Lemonade

Poor Choice

Rating: **65.3** points



Supplement Facts

Serving Size 1 Stick (4.2 g) Serving Per Container 16

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	2.5 g	<1%*
Total Sugars	2.5 g	
Includes 2.5 g Added Sugars		5%*
Vitamin C (Ascorbic Acid)	100 mg	111%
Vitamin B6 (Pyridoxine HCI)	1.87 mg	110%
Vitamin B12 (Cyanocobalamin)	2.65 mcg	110%
Magnesium (as Magnesium Oxide)	15 mg	4%
Zinc (as Zinc Oxide)	2 mg	18%
Sodium (as Sodium Chloride)	250 mg	11%
Potassium (as Potassium Chloride)	200 mg	4%
* Percent Daily Values (%DV) are based on a 2,000 calorie Diet † Daily Value Not Established		

Ingredien

Sugar, Sodium Chloride (Salt), Potassium Chloride, Natural and Artificial Flavors, Dragon Fruit (for color), Vitamin C (Ascorbic Acid), Sucralose, Magnesium Oxide, Silicon Dioxide, Zinc Oxide, Vitamin B6 (Pvridoxine HCL). Vitamin B12 (Cvanocobalamin).

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Statements Regarding Functional Ingredients Have Not Been Evaluated by the FDA or the USBRB. While Sports and Hydration Drinks Can Provide Real Benefits, They are Not Intended to Diagnose, Treat, Cure, or Prevent any Disease or Health Condition. * Flavor/Color Criteria Addresses the Entire Range of Flavors . **Product Pricing is a Market Estimate Taken at the Time of Publication. Manufacturer's Information is Subject to Change - Always Review Nutrition Facts on the Product Package for the Latest Information. Before Consuming. Other Sizes and Forms May be Available - Consult the Manufacturer for the Latest Information. If You Have Any Questions Consult a Physician Before Consuming Any Product. If You are the Manufacturer of this Product (or an Authorized Agent) and You See and Errors in the Information, Please Contact us at info@usbrb.org.