

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Helps Treat Illness, Bolsters Immunity

Walgreens

Manufacturer:

Walgreen Co.

Phone: 800-925-4733

Email: www.walgreens.com/mktg/contactus/

www.walgreens.com/store/c/walgreens-electro-lyte-drink-mix-triple-hydration/ID=300424216-p



Walgreens Triple Hydration

Description: (from Manufacturer's Website)

Compare to Liquid I.V. ingredients. Triple Hydration! 2-3x Hydration vs. Water Alone. 3x the Electrolytes of Traditional Sports Drinks. Includes Vitamins B3, B5, B6, B12 and C.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.67

3rd Party Certifications:

Soy Free, Gluten Free, Dairy Free, Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon Lime

Poor Choice

Rating: **66.9** points



Nutrition Facts

Serving Size: 1 stick (16g)
Servings per Container: 6

Calories: **45**

	% Daily Value *
Total Fat 0g	0%
Cholesterol 0g	0%
Sodium 500mg	22%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	
Sugar 11g	22%
Protein 0mg	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 380mg	8%
Vitamin C 73mg	80%
Niacin 22.8mg	140%
Vitamin B6 2.3mg	140%
Vitamin B12 6.8mcg	280%
Pantothenic Acid 11.4mg	230%

*Percent Daily Value is based on a 2,000 calorie diet.
** Daily Value not Established.

Ingredients

Pure Cane Sugar, Dextrose, Citric Acid, Salt, Potassium Citrate, Sodium Citrate, Dipotassium Phosphate, Silicon Dioxide (Anti-Caking Agent), Rebudioside-A (Stevia Leaf Extract), Natural Flavors, Vitamin C (Ascorbic Acid), Vitamin B3 (Niacinamide), Vitamin B5 (D-Calcium Pantothenate), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B12 (Cyanocobalamin).

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