

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer: 7-Eleven. Inc.

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www.7-eleven.com/products/sports-drinks



### **USBRB Commentary** (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

CON - Contains Only Artificial Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

### 7-Eleven Replenish Zero

Description: (from Manufacturer's Website)

An Electrolyte Hydration Beverage with 100% Daily Values Per Serving of E, B3, B5, B6 and 0 Calories Per Serving. It Contains No Synthetic Colors, or High Fructose Com Syrup.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$1.20
3rd Party Certifications:

None

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Grape, Orange Mango, Fruit Punch, Cherry

#### **Poor Choice**

Rating: **69.6** points US BRB 202



## **Nutrition Facts**

Serving Size: 12 fl.oz. (355ml) Servings per Container: 2.5

Calories: 0

	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 170mg	7%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Calcium 22mg	2%
Potassium 51mg	2%
Vitamin A 360mcg	40%
Vitamin E 15mg	100%
Niacin 16mg	100%
Vitamin B6 1.7mg	100%
Pantothenic Acid 5mg	100%
Magnesium 8mg	2%

\*Percent Daily Value is based on a 2,000 calorie diet.

\*\* Daily Value not Established.

#### Ingredients

Water, Citric Acid, Salt, Sodium Citrate, Gum Arabic, Potassium Chloride, Magnesium Chloride, Calcium Chloride, Natural Flavor, Sucralose, Glycerol Ester of Wood Rosin, Acesulfame Potassium, Niacinamide (Vitamin B3), DL-Alpha-Tocopheryl Acetate (Vitamin E), D-Calcium Pantothenate (Vitamin B5), Ascorbic Acid, Pyridoxine Hydrochloride (Vitamin B6), Vitamin A Palmitate, Beta-APO-8 Carotene (Color).

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