

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

NEUTRAL - Doesn't Contain Any Flavoring

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

NEUTRAL - Does Not Contain Any Sweetener(s), PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

CON - No Energy Ingredient(s)

Other Functional Benefits:

CON - No Other Functional Benefits



SPARTAN™

Manufacturer:

Spartan Race Inc.

Phone: 508-433-0041

Email: us@spartan.com

www.spartan.com/products/spartan-hydration-tablets-90-serving-stand-up-pouch



Spartan Hydrate

Description: (from Manufacturer's Website)

Everything You Need to Stay Hydrated. Nothing You Don't. Slow Release for 6 Hours of Hydration.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Tablet(s)

Beverage Base:

Effervescent

Label (and Other) Warnings:

Not for Children, Do Not Use if Pregnant, Not for Nursing Mothers

Allergens: (Ingredient Related)

None

Price per Serving:** \$0.39

3rd Party Certifications:

Informed Sport, Non-GMO, Gluten Free, Vegan, Keto-Paleo Friendly

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Unflavored

Acceptable

Rating: **73.1** points



Supplement Facts

Serving Size: 1 tablet

Servings per Container: 90

	% Daily Value *
Phosphorus 103mg	8%
Magnesium 10mg	2%
Chloride 211mg	9%
Sodium 175mg	8%
Potassium 65mg	**

*Percent Daily Value is based on a 2,000 calorie diet.
** Daily Value not Established.

Ingredients

Monosodium Phosphate, Sodium Chloride, Vegetable Wax (Rice Bran and/or Carnauba), Potassium Chloride, Magnesium Citrate, Stearic Acid (Vegetable), Silica, Magnesium Stearate (Vegetable).

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