

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



Manufacturer:  
 XACT Nutrition USA

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<https://us.xactnutrition.com/products/-of-xact-electrolytes-sport-hydration-tabs>



## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

PRO - Proper Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

NEUTRAL - Doesn't Contain Any Coloring

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),  
 CON - Contains Stevia (Diuretic)

### Glycemic Index:

NEUTRAL - Medium Glycemic Index

### Sodium Content:

CON - High Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

CON - No Other Functional Benefits

## XACT Electrolyte Tablets

### Description: (from Manufacturer's Website)

Consuming Exactly the Right Quantities of Sodium, Potassium, Magnesium, Iron and Vitamin C, Ensures Optimal Hydration by Maximizing Water Absorption, as Well as Replenishing Electrolytes Lost During Effort.

### Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

### Beverage Form:

Tablet(s)

### Beverage Base:

Effervescent

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$0.80

### 3rd Party Certifications:

None

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lightly Lemon, Cherry Berry

Acceptable

Rating: **72.2** points



## Nutrition Facts Valeur Nutritive

Per 1 tablet (4,5 g)  
 pour 1 comprimé (4,5 g)

	% Daily Value *
	% valeur quotidienne *
<b>Calories 15</b>	
<b>Total Fat / Lipides 0 g</b>	0 %
Saturated / saturés 0 g	
+ Trans / trans 0 g	0 %
<b>Carbohydrate / Glucides 3 g</b>	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
<b>Protein / Protéines 0 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	0 %
<b>Sodium 520 mg</b>	23 %
Potassium 100 mg	2 %
Iron / Fer 6 mg	33 %
Vitamin C / Vitamine C 25 mg	28 %
<b>Magnesium / Magnésium 25 mg</b>	6 %

\* 5% or less is a little, 15% or more is a lot  
 \* 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

### Ingredients

Citric Acid, Sugars (Glucose Syrup), Sodium Bicarbonate, Salt, Potassium, Natural Flavor, Polyethylene Glycol, Magnesium, Iron, Vitamin C, Stevia Extract.

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