

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

Flavoring:

CON - Contains Some Artificial Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

CON - Contains Only Artificial Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

PE Science

Phone: 888-885-0195

Email: customerservice@pescience.com

<https://pescience.com/products/versalyte>



Versalyte Hydration + Electrolytes

Description: (from Manufacturer's Website)

Rather than Making an Electrolyte Powder that is 90% Overpriced Table Salt Like Most Products Out There, We Focused on the Important Electrolytes for Muscle Function, Contraction, and Hydration.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

Do Not Use if Pregnant, Not for Nursing Mothers

Allergens: (Ingredient Related)

None

Price per Serving:** \$0.77

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Black Cherry, Wild Berry Splash, Citrus Splash

Poor Choice

Rating: **67.7** points



Supplement Facts

Serving Size: 1 packet (8g)

Servings per Container: 30

Calories: 0

	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 60mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Calcium (Givocal) 190mg	15%
Phosphorus 300mg	24%
Magnesium (Givomag) 125mg	31%
Potassium 190mg	6%
Taurine 1500mg	**
Tart Cherry Extract (VitaCherry Sport) 00mg	**

*Percent Daily Value is based on a 2,000 calorie diet.
** Daily Value not Established.

Ingredients

Citric Acid, Natural and Artificial Flavors, Malic Acid, Silicon Dioxide, Calcium Silicate, Sucralose, Acesulfame Potassium, Beet Juice Concentrate, Spirulina Extract.

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