

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Slightly High Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

CON - High Glycemic Index

Sodium Content:

CON - High Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Dextro Energy GmbH & Co. KG

Phone: N/A

Email: info@dextro-energy.com

<https://dextro-energy.com/en/products/i-so-drink-citrus>



Dextro Energy Iso Drink

Description: (from Manufacturer's Website)

Specially Formulated Combination of Carbohydrates to Maintain Endurance Performance During Prolonged Training.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$0.91

3rd Party Certifications:

Gluten Free, Non-GMO, Vegan

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Citrus Fresh, Orange, Red Berry

Not Recommended

Rating: **48.1** points



Nutrition Facts

	40 g (1 Portion)
Energy (kJ) / Energy (kcal)	631 kJ (150 kcal)
Fat	0 g
of which saturates	0 g
Carbohydrate	35 g
of which sugars	30 g
Eiweiß	0 g
Salt	0,86 g
Potassium	300 mg (15 %)°
Magnesium	56 mg (15 %)°
Natrium	345 mg

*Percent Daily Value is based on a 2,000 calorie diet.

Ingredients

Sucrose, Dextrose, Maltodextrin, Mineral Salts (Potassium Chloride, Potassium Citrate, Sodium Citrate, Sodium Chloride, Magnesium Citrate), Acid (Citric Acid), Flavoring, Color (Beta-Carotene).

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