

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

CON - Limited Hydration Capabilities

Electrolyte Content:

CON - No Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

NEUTRAL - Doesn't Contain Any Flavoring

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

NEUTRAL - Does Not Contain Any Sweetener(s), PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

ALKA 65

Manufacturer:

Nam Holdings, LLC

Phone: 855-234-9433

Email: info@alka65.com

www.alka65water.com



Alka65 Sport Electrolyte Water Multi-Vitamin

Description: (from Manufacturer's Website)

Drink Your Vitamins. Our Favorite Source of Hydration When We're Feeling a Little Under the Weather.

Primary Application(s):

Daily Hydration

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$0.30

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Unflavored

Poor Choice

Rating: **68.9** points



Nutrition Facts

About 3 servings per container
Serving size 12 fl oz (360ml)

	Per serving		Per container	
Calories	0		0	
	% Daily Value		% Daily Value	
Total Fat	0g	0%	0g	0%
Sodium	0mg	0%	0mg	0%
Total Carb.	0g	0%	0g	0%
Protein	0g		0g	
Vitamin C	12mg	15%	35mg	40%
Thiamin (Vit B1)	44.5mcg	4%	125mcg	10%
Niacin	5.3mg	35%	15mg	90%
Vitamin B6	0.3mg	20%	1mg	60%
Pantothenic Acid	1.1mg	20%	3mg	60%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron, and potassium

Ingredients

Purified Water, Potassium Bicarbonate, Magnesium Sulfate, Potassium Hydroxide, Ascorbic Acid (Vitamin C), Niacin (Vitamin B3), Pantothenic Acid (Vitamin B5), Pyridoxine (Vitamin B6), Thiamin (Vitamin B1).

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