

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

CON - Inadequate Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

Artificial, Natural

### Sugar Content:

CON - Contains Excessive Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

### Glycemic Index:

PRO - Low Glycemic Index

### Sodium Content:

NEUTRAL - Moderate Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

CON - No Other Functional Benefits

## Smart & Final®

### Manufacturer:

Smart & Final Stores LLC

Phone: 800-894-0511

Email: [www.smartandfinal.com/contact-us](http://www.smartandfinal.com/contact-us)

[www.smartandfinal.com/shop/product/-first-street-sports-drink-assorted/634827](http://www.smartandfinal.com/shop/product/-first-street-sports-drink-assorted/634827)



## First Street Sports Drink

### Description: (from Manufacturer's Website)

Smart & Final Drink Sold in a Variety Pack of 8 Each Fruit Punch, Lemon Lime, and Orange.

### Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

### Beverage Form:

Ready to Drink

### Beverage Base:

Still Water

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$0.65

### 3rd Party Certifications:

None

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Fruit Punch, Lemon Lime, Orange

Not Recommended

Rating: **51.0** points



## Nutrition Facts

Serving Size 1 bottle

Amount Per Serving

**Calories 150**

% Daily Value\*

Total Fat 0g

Sodium 310mg 13%

Total Carbohydrates 38g 14%

Added Sugars 72%  
Includes 36g Added Sugars

Protein 0g

Potassium 2%

\* The % Daily Value(DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Water, Sugar, High Fructose Corn Syrup, Citric Acid, Natural Flavor, Salt, Sodium Citrate, Monopotassium Phosphate, Gum Acacia, Ester Gum, Colors (Yellow 6, Yellow 5, Glycerol Ester of Wood Rosin, Red 40, Caramel Color), Sunflower Oil.

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