



2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Yoli

Phone: 888-295-9009

Email: cs@yoli.com

<https://shop.yoli.com/50/en-US/product/FUN-RSB-PT-US-01>



Yoli Fun Sports Hydration

Description: (from Manufacturer's Website)

This Sugar-Free, Caffeine-Free Drink Mix is Designed to Promote Recovery from Electrolyte Loss with Enduramin™, or Special Post-Workout Blend. Also Contains Alkaline to Promote a Healthy Body pH, so You Stay Balanced Even When You're Sweating.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.67

3rd Party Certifications:

Gluten Free, Dairy Free, Soy Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Raspberry

Acceptable

Rating: **79.0** points



Supplement Facts

Serving Size: 1 Packet (4.5g)

Servings Per Container: 30

Amount Per Serving	%Daily Value
Calories 10	
Total Carbohydrate 3g	1%*
Calcium 84mg	6%
Sodium 20mg	<1%
Potassium 80mg	2%
Alkalete™ Blend 333mg	†
Calcium Carbonate, Potassium Hydroxide, Potassium Chloride, Magnesium Hydroxide.	
Enduramin™ Blend 816mg	†
Potassium Gluconate, L-Glutamine, Branched Chain Amino Acids 2:1:1 Blend (L-Leucine, L-Isoleucine, L-Valine), Magnesium Hydroxide, Potassium Chloride, Sodium Chloride, Sodium Citrate.	
* Percent Daily Values are based on a 2,000 calorie diet.	
† Daily Value not established.	

Other Ingredients: Citric Acid, Natural Flavors, Maltodextrin, Stevia Leaf Extract, Beet Juice Powder (Color), Silicon Dioxide, Elderberry Juice Powder (Color).

Ingredients

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