



2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

STEALTH

Manufacturer:

Secret Training Ltd.

Phone: N/A

Email: sales@secret-training.com

www.secret-training.com/collections/nutrition/energy-gels



Stealth Real Fruit Energy Gels

Description: (from Manufacturer's Website)

The Taste of a Smoothie with the Performance of an Energy Gel.

Primary Application(s):

Extreme Workouts

Beverage Form:

Gel

Beverage Base:

N/A

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** N/A

3rd Party Certifications:

Vegan

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Mango & Passion Fruit, Banana

Poor Choice

Rating: **65.4** points



Nutrition Facts

Serving Size: 1 packet (14g)

Servings per Container: 1

Calories: 87

Total Fat 0g

Saturated Fat 0g

Sodium 50mg

Total Carbohydrates 22g

Total Sugars 2.9g

Protein 0.1g

Fiber 0.3g

Ingredients

Water, Maltodextrin, Real Fruit (20%) (Mango (10%), Passion Fruit (4%), Banana, Orange Juice), Sticky Rice Starch, Fructose, Acidity Regulators (Citric Acid, Sodium Citrate), Natural Flavoring, Preservatives (Sodium Benzoate, Potassium Sorbate), Vitamin C, Sodium Chloride, Natural Sweetener (Stevia), Elderberry Extract.

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