

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

ZHROOM®

Manufacturer:

Disruptive Nutrition LLC/Compound Solutions Inc.

Phone: 352-213-1219

Email: info@drinkzhroom.com

<https://drinkzhroom.com>



Zhroom Hydration Immunity Mix

Description: (from Manufacturer's Website)

Powered by Functional Mushrooms! A 1500 Mg Unique Proprietary Blend that Incorporates 7 Organic Functional Mushrooms: Lion's Mane, Cordyceps, Maitake, Chaga, Reishi, Shiitake, and Turkey Tail. Contains: Tree Nuts (Coconut).

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

Tree Nuts and/or Coconut

Price per Serving:** \$2.49

3rd Party Certifications:

Vegan, Keto-Paleo Friendly, Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon, Lime Cherry, Strawberry Kiwi, Mango Passion Fruit

Highly Recommended

Rating: **81.2** points



Supplement Facts

Serving size: 1 packet (11g)

Servings per container: 10

Amount per serving	% Daily Value
Calories 30	
Total Carbohydrate 7g	3%*
Total Sugars 3g	†
Includes 1g Added Sugars	2%*
Vitamin C (as Ascorbic Acid) 135mg	150%*
Vitamin D (as Cholecalciferol) 25mcg	125%*
Vitamin E (as D-alpha-Tocopheryl Acid Succinate) 15mg	100%*
Vitamin B6 (as Pyridoxine HCL) 2mg	118%*
Vitamin B12 (as Cyanocobalamin) 3mcg	125%*
Iron 5mg	28%*
Magnesium (as Magnesium Citrate) 45mg	11%*
Zinc (as Zinc Citrate) 8mg	73%*
Sodium (as Sodium Chloride & Sodium Citrate) 116mg	5%*
Potassium (as Potassium Citrate) 253mg	5%*

Organic Functional Mushroom Blend 1500mg: Organic Lion's Mane (Hericium Erinaceus) Powder, Organic Cordyceps (Cordyceps Militaris) Powder, Organic Maitake (Grifola frondosa) Powder, Organic Chaga (Inonotus obliquus) Powder, Organic Reishi (Ganoderma lucidum) Powder, Organic Shiitake (Lentinus edodes) Powder & Organic Turkey Tail (Trametes versicolor) Powder.

*Percent of Daily Values are based on a 2,000 calorie diet.
†Daily Value not established

Ingredients

Organic Coconut Water Powder, Natural Flavor, Citric Acid, Silicon Dioxide, Stevia Extract, Natural Color (Turmeric Extract or Beet Root Extract). Contains: Tree Nuts (Coconut).

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