

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

PRO - Proper Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

CON - Contains Artificial Color(s)

### Sugar Content:

CON - Contains Excessive Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

### Glycemic Index:

CON - High Glycemic Index

### Sodium Content:

NEUTRAL - Moderate Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Electrolit

Phone: 713-588-1635

Email: [information@electrolitusa.com](mailto:information@electrolitusa.com)

[www.electrolit.com](http://www.electrolit.com)



## Electrolit

Description: (from Manufacturer's Website)

Mexican Product Made with Pharmaceutical

Grade Ingredients.

Primary Application(s):

Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$8.99

3rd Party Certifications:

Gluten Free

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Orange, Fruit Punch, Grape, Strawberry Kiwi, Berry Bliss, Horchata, Passion Fruit, Guava, Hibiscus/Jamaica, Strawberry, Coconut, Lemon-Lime, Apple, Cucumber Lime, Blue Raspberry

Not Recommended

Rating: **49.8** points



## Nutrition Facts

About 2 servings per container

Serving size 12 fl oz (360mL)

	Per serving	Per container
<b>Calories</b>	<b>70</b>	<b>130</b>
	% DV*	% DV*
<b>Total Fat</b>	0g <b>0%</b>	0g <b>0%</b>
<b>Sodium</b>	250mg <b>11%</b>	430mg <b>19%</b>
<b>Total Carbohydrate</b>	18g <b>6%</b>	31g <b>11%</b>
Total Sugars	18g	31g
Incl. Added Sugars	18g <b>36%</b>	31g <b>62%</b>
<b>Protein</b>	0g	0g
<b>Calcium</b>	29mg <b>2%</b>	51mg <b>4%</b>
<b>Potassium</b>	280mg <b>6%</b>	487mg <b>10%</b>
<b>Magnesium</b>	17mg <b>4%</b>	29mg <b>7%</b>

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, or iron.  
DV = % Daily Value.

### Ingredients

Water, Dextrose Monohydrate. Contains 2% or Less of: Sodium Lactate, Potassium Chloride, Citric Acid, Molasses, Magnesium Chloride, Natural Fruit Flavors, Calcium Chloride, Salt, Steviol Glycosides, FD&C Red No. 40, FD&C Blue No. 1.

The USBRB is an Independent 3rd Party Research Company Whose Mission is to Help Consumers Make Educated, Healthy Nutritional Choices. For info visit [www.usbrb.org](http://www.usbrb.org). USBRB Data Sources Include Public Information Published by Each Company - Label Nutrition Facts; Company Website; Marketing Materials; Press Releases; Social Media. Statements Regarding Functional Ingredients Have Not Been Evaluated by the FDA or the USBRB. While Sports and Hydration Drinks Can Provide Real Benefits, They are Not Intended to Diagnose, Treat, Cure, or Prevent any Disease or Health Condition. \* Flavor/Color Criteria Addresses the Entire Range of Flavors. \*\*Product Pricing is a Market Estimate Taken at the Time of Publication. Manufacturer's Information is Subject to Change - Always Review Nutrition Facts on the Product Package for the Latest Information Before Consuming. Other Sizes and Forms May be Available - Consult the Manufacturer for the Latest Information. If You Have Any Questions Consult a Physician Before Consuming Any Product. If You are the Manufacturer of this Product (or an Authorized Agent) and You See and Errors in the Information, Please Contact us at [info@usbrb.org](mailto:info@usbrb.org).