

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Seattle Gummy Company

Phone: 206-257-0464

Email: support@seattlegummy.com

<https://seattlegummy.com/product/hydrafuel-hydration-gummies>



HydraFuel Hydration Gummies

Description: (from Manufacturer's Website)

The Perfect Solution for Optimizing the Performance and Safety of Athletes During Sporting Activities. They Contain the Optimal Combination of Fuel with Electrolytes to Help Athletes Avoid Dehydration, Reduce Fatigue, and Maintain Exercise Intensity and Performance.

Primary Application(s):

Extreme Workouts

Beverage Form:

Chews/Gummies

Beverage Base:

N/A

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$3.00

3rd Party Certifications:

Gluten Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Margarita

Not Recommended

Rating: **51.5** points



Supplement Facts

Serving Size: 4 gummies
Servings per Container: 1

Calories: 150

Amount/serving	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 36g	13%
Dietary Fiber 0g	0%
Total Sugars 36g	
Includes 36g Added Sugars	72%
Sugar Alcohol 0g	
Protein 0g	0%
Vitamin D 0mcg	0%
Potassium 120mg	2%
Chloride 524mg	25%
Calcium 0mg	0%
Magnesium 24mg	6%
Iron 0mg	0%
Zinc 4mg	35%

*Percent Daily Value is based on a 2,000 calorie diet.

Ingredients

Glucose Syrup, Sugar, Fructose, Zinc Citrate, Maltose, Fruit Pectin, Magnesium Oxide, Sodium Chloride, Cacao Butter, Malic Acid, Glycerol, Lemon Oil, Orange Oil, Stevia, Pineapple Extract.

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