

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

CON - Inadequate Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

PRO - Contains Natural Color(s)

### Sugar Content:

CON - Contains Excessive Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

### Glycemic Index:

NEUTRAL - Medium Glycemic Index

### Sodium Content:

PRO - Limited or No Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

CON - No Other Functional Benefits

# SOCCER SUPPLEMENT

Manufacturer:

Soccer Supplement

Phone: N/A

Email: [hello@soccersupplement.com](mailto:hello@soccersupplement.com)

[www.soccersupplement.com/collections/hydration-1/products/hydrate-90-sachets-orange](http://www.soccersupplement.com/collections/hydration-1/products/hydrate-90-sachets-orange)



## Hydrate90 Powder

Description: (from Manufacturer's Website)

The Only Isotonic Sports Drink that Not Only Fuels Maximum Performance but Also Provides 100% of Your Recommended Daily Intake of Vitamin D and Vitamin B. Our Unique Combination of Dual-Carbohydrates and Electrolytes Helps Maintain Hydration and Unlocks Next-Level

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:\*\* N/A

3rd Party Certifications:

Informed Sport

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Orange, Mixed Berry

Not Recommended

Rating: **55.8** points



## Nutrition Facts

Typical per	33g (1 serve)
Energy	507kJ / 119kcal
Fat	<0.1g
-of which saturates	<0.1g
Carbohydrate	29.7g
-of which sugars	28.8g
Protein	<0.1g
Fibre	<0.1g
Salt	0.4g
Sodium	158mg
Potassium	201mg
*Percent Daily Value is based on a 2,000 calorie diet.	

### Ingredients

Dextrose, Fructose, Natural Flavoring, Sodium Chloride, Acid (Citric Acid), Potassium Chloride, Color (Mixed Carotenes).

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