

## 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

# lemon perfect.

#### Manufacturer:

The Lemon Perfect Company

Phone: 424-570-8000

Email: hi@lemonperfect.com

www.lemonperfect.com/collections/all



#### **USBRB Commentary** (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

### **Lemon Perfect**

Description: (from Manufacturer's Website)
Hydrating Lemon Water, 100% Daily RDA Vitamin C. Antioxidants.

Primary Application(s):

Daily Hydration

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$2.08

3rd Party Certifications:

Organic, Non-GMO, Keto-Paleo Friendly, Gluten Free, Vegan

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Original Lemon, Dragon Fruit Mango, Pineapple Coconut, Peach Raspberry, Kiwi Star Fruit, Strawberry Passion Fruit **Acceptable** 

Rating: **79.1** points



**Nutrition Facts** 

Amount Per Serving

Serving Size 1 Bottle

**Calories** 

Total Fat 0a

% Daily Value\*

0%

3%

Sodium 0mg
Total Carbohydrate 9g

Total Sugars 0g

Includes 0g Added Sugars 0%

Organic Erythritol 8g

Protein 0g

Potassium 20mg 0% Vitamin C 90mg 100%

Not a significant source of saturated fat, *trans* fat, cholesterol, dietary fiber, vitamin D, calcium, and iron

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### Ingredients

Triple-Filtered Water, Organic Cold-Pressed Lemon Juice, Organic Erythritol, Organic Natural Flavors, Vitamin C (Ascorbic Acid), Organic Stevia Leaf Extract.

The USBRB is an Independent 3rd Party Research Company Whose Mission is to Help Consumers Make Educated, Healthy Nutritional Choices. For info visit www.usbrb.org. USBRB Data Sources Include Public Information Published by Each Company - Label Nutrition Facts; Company Website; Marketing Materials; Press Releases; Social Media. Statements Regarding Functional Ingredients Have Not Been Evaluated by the FDA or the USBRB. While Sports and Hydration Drinks Can Provide Real Benefits, They are Not Intended to Diagnose, Treat, Cure, or Prevent any Disease or Health Condition. \* Flavor/Color Criteria Addresses the Entire Range of Flavors . \*\*Product Pricing is a Market Estimate Taken at the Time of Publication. Manufacturer's Information is Subject to Change - Always Review Nutrition Facts on the Product Package for the Latest Information Before Consuming. Other Sizes and Forms May be Available - Consult the Manufacturer for the Latest Information. If You Have Any Questions Consult a Physician Before Consuming Any Product. If You are the Manufacturer of this Product (or an Authorized Agent) and You See and Errors in the Information, Please Contact us at info@usbrb.org.