

## **2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT**

# **ORGANIKA**

Manufacturer: Organika Health

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www.organika.com/products/electrolytes-de-

fence-with-elderberry-echinacea



### **USBRB Commentary** (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Inadequate Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavorina:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits

### **Organika Electrolytes Defence**

Description: (from Manufacturer's Website)

Contains Essential Vitamins and Minerals that Keep You Optimally Hydrated and Provide Powerful Immunity Support ââ,¬â€œ all with 0g of Sugar.

Primary Application(s): Daily Hydration, Sports Activity (Fitness), Immu-

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Alleraens: (Ingredient Related)

None



Price per Serving:\*\* \$1,33 3rd Party Certifications:

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Citrus Berry

### **Acceptable**

Rating: **76.6** points



# **Nutrition Facts**

Serving Size: 1 scoop (6g)

Servings per Container: 30	Calories: 10
	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 0mg	0%
Total Carbohydrate 2g	
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Potassium 175mg	4%
Calcium 0mg	0%
Iron 0mg	0%
Vitamin C 110mg	122%
Magnesium 60mg	14%
Zinc 7mg	64%

\*Percent Daily Value is based on a 2,000 calorie diet. \*\* Daily Value not Established.

#### Ingredients

Elderberry Extract, Echinacea Purpurea Extract. Natural Fruit Flavor, Citric Acid, Magnesium Citrate, Potassium Citrate, Red Beet Powder, Ascorbic Acid. Stevia Extract, Natural Monk Fruit Flavor, Zinc Citrate

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