



2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - High Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Provides Endurance Support, Bolsters Immunity

PLANT FUEL®

Manufacturer:

Plantfuel, Inc.

Phone: 416-669-9392

Email: support@plantfuel.com

<https://plantfuel.com/collections/daily-immunity-hydration>



Plantfuel Daily Immunity + Hydration

Description: (from Manufacturer's Website)

The Perfect Vegan and Plant-Based Immunity Booster for Providing the Proper Hydration and Balance to Fuel Your Daily Active Lifestyle. Dreamed Up by Athletes, Formulated by Doctors, and Clinically Proven for Optimal Performance.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness), Extreme Workouts

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$2.33

3rd Party Certifications:

Vegan, Non-GMO

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Citrus Burst, Raspberry Lemonade, Tropical Punch

Poor Choice

Rating: **66.6** points



Supplement Facts

Serving Size 1 Individual Packet (6 g)
Servings Per Container 15

Amount Per Serving		%DV
Calories	5	
Calories from Saturated Fat	0	
Vitamin A	350 mcg	39%
Vitamin C	500 mg	556%
Vitamin B6	30 mg	1765%
Phosphorus (Disodium Phosphate)	177 mg	14%
Chloride (Potassium Chloride, Sodium Chloride)	590 mg	26%
Sodium (Disodium Phosphate, Sodium Chloride, Sodium Gluconate)	490 mg	21%
Potassium (Potassium Chloride)	370 mg	8%
Baker's Yeast Beta Glucan (Wellmune®)	250 mg	†
Aquamin® Soluble (trace minerals derived from marine algae)	100 mg	†

† Daily Value (DV) not established

Ingredients

Natural Flavors, Citric Acid, Silicon Dioxide, Malic Acid, Stevia Extract, Natural Colors, Swerve® (Erythritol, Oligosaccharides and Natural Flavors).

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