



# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

PRO - Proper Amount of Electrolytes

### Electrolyte Balance:

PRO - Balanced Electrolytes/Rapid Hydration

### Flavoring:

NEUTRAL - Doesn't Contain Any Flavoring

### Coloring:

NEUTRAL - Doesn't Contain Any Coloring

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

NEUTRAL - Does Not Contain Any Sweetener(s), PRO - Does Not Contain Stevia (Diuretic)

### Glycemic Index:

PRO - Will Not Impact Blood Sugar

### Sodium Content:

PRO - Limited or No Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

CON - No Recovery Ingredient(s)

### Provides Energy:

CON - No Energy Ingredient(s)

### Other Functional Benefits:

CON - No Other Functional Benefits



### Manufacturer:

Knowledge Through Solutions, Inc.

Phone: 775-870-6934

Email: [info@kt-solutions.com](mailto:info@kt-solutions.com)

[www.kt-solutions.com/shop/synerplex-re-vive-to-go](http://www.kt-solutions.com/shop/synerplex-re-vive-to-go)



## Synerplex Revive Electrolyte Powder

### Description: (from Manufacturer's Website)

This Hydration Multiplier Drink Mixed with Water Enhances Performance and Reduces Lactic Acid Buildup, Helping Athletes Recover More Quickly.

### Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

### Beverage Form:

Powder - Pre-Measured

### Beverage Base:

Still Water

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

None

Price per Serving:\*\* \$1.00

### 3rd Party Certifications:

Gluten Free, Soy Free, Keto-Paleo Friendly

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Unflavored

Highly Recommended

Rating: **80.0** points



## SUPPLEMENT FACTS

Serving size	1/4 packet .25 g
Servings Per Container	25 - 4 g. packets
Amount Per Serving %DV	
<b>Phosphorous</b> (as potassium phosphate)	106 mg 11 %
<b>Magnesium</b> (as magnesium chloride and sulfate)	11 mg 3 %
<b>Chloride</b> (as sodium, magnesium, and potassium chloride)	196 mg 6 %
<b>Sodium</b> (as sodium chloride and bicarbonate)	100 mg 7 %
<b>Potassium</b> (as potassium phosphate bicarbonate, chloride)	222 mg 7 %

\*Percent Daily Value is based on a 2,000 calorie diet.

### Ingredients

Bicarbonates, Silicon Dioxide.

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