

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT



### Manufacturer:

Body Surf Brands, Inc.

Phone: 904-602-9930

Email: jerry@drinkbodysurf.com

www.drinkbodysurf.com



### **USBRB Commentary** (PROS/CONS):

Hydration Capabilities:

CON - Limited Hydration Capabilities

Electrolyte Content:

CON - No Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

CON - No Energy Ingredient(s)

Other Functional Benefits:

PRO - Bolsters Immunity

## **Body Surf Infused Water**

Description: (from Manufacturer's Website)

Organic Infused Water Enhanced with Essential Vitamins.

Primary Application(s):

Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

Tree Nuts and/or Coconut

3rd Party Certifications:

None

Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Blueberry + Lavender, Mango + Yuzu, Strawberry + Mint, Cucumber + Mint

### **Poor Choice**

Rating: **64.2** points



# **Nutrition Facts**

Serving Size: 1 bottle (16 fl.oz.) Servings per Container: 1

Calories: 15

	% Daily Value *
Total Fat 0g	0%
Sodium 40mg	2%
Total Carbohydrate 4g	1%
Total Sugars 3g	
Protein 0g	
Vitamin C 4mg	4%
Niacin 4mg	25%
Vitamin B6 0.6mg	40%
Vitamin B12 0.6mcg	25%
Pantothenic Acid 1mg	25%

Not a significant source of saturated fat, trans fat cholesterol, dietary fiber, vitamin D, calcium, iron, potassium, vitamin A, phosphorus and magnesium.

\*Percent Daily Value is based on a 2,000 calorie diet. \*\* Daily Value not Established.

#### Ingredients

Filtered Water, Organic Fruit Concentrate, Organic Coconut Water Concentrate, Organic Juice Concentrate, Organic Fruit Flavors, Sodium Citrate, Organic Stevia Extract, Niacinamide (Vitamin B3), D-Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Vitamin B12. Contains: Tree Nuts (Coconut).

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