

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

Glycemic Index:

NEUTRAL - Medium Glycemic Index

Sodium Content:

NEUTRAL - Moderate Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:

Clinova

Phone: N/A

Email: info@orshydration.com

www.orshydration.com/collections/ors-hydration/products/hydration-tablets



O.R.S. Hydration Tablets

Description: (from Manufacturer's Website)

The Mix of Electrolytes Combined with a Low-Calorie Dose of Glucose is Not Only Proven to be the Fastest Way to Restore a Healthy Level of Hydration, it Also Keeps You Hydrated for Longer Than Water Alone.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Tablet(s)

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** N/A

3rd Party Certifications:

Vegan, Gluten Free

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Blackcurrant, Lemon, Strawberry

Acceptable

Rating: **74.6** points



Nutrition Facts

Energy 62kJ (17kcal)	
Fat	0g
- of which saturates	0g
Carbohydrates	3.44g
- of which sugars	3.35g
Protein	0g
Fibre	0g
Salt	0.69g
Vitamin B2	0.84mg (60% *NRV)
Potassium	193mg (10% *NRV)
Chloride	350mg (44% *NRV)
Sodium	277mg
Glucose	3.27g
Potassium Chloride	0.372g
Sodium Chloride	0.292g

*Nutrient Reference Value

Ingredients

Dextrose (Glucose), Acidity Regulators (Citric Acid, Sodium Bicarbonate), Potassium Chloride, Sodium Chloride, Natural Fruit Flavoring (Maltodextrin, Natural Flavoring Substances, Silicon Dioxide, Flavoring Preparation), Colors (Beetroot Juice Concentrate, Modified Starch, Medium Chain Triglycerides, Antioxidants: [Sodium Ascorbate, DL-Alpha Tocopherol], Beta Carotene, Carrier: Tricalcium Phosphate), Maize Starch, Sweetener (Sucralose).

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