

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

CON - Limited Hydration Capabilities

Electrolyte Content:

CON - No Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

NEUTRAL - Does Not Contain Any Sweetener(s), PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

CON - No Recovery Ingredient(s)

Provides Energy:

CON - No Energy Ingredient(s)

Other Functional Benefits:

CON - No Other Functional Benefits

GLACÉAU
smartwater®

Manufacturer:

Glaceau/The Coca-Cola Company

Phone: 800-520-2653

Email: www.drinksmartwater.com/support/

www.drinksmartwater.com



Smartwater +

Description: (from Manufacturer's Website)

Choose from Clarity, Renew, Tranquility or Support (Each Has Unique Extracts).

Primary Application(s):

Daily Hydration

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Price per Serving:** \$3.49

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Renew (Dandelion, Lemon), Clarity (Ginseng, Green Tea Extract), Tranquility (Ashwagandha, Tangerine), Support (Zinc, Black Currant Blueberry Extract)

Poor Choice

Rating: **61.9** points



Nutrition Facts

Serving size 1 bottle

Amount per serving

Calories **10**

% Daily Value*

Total Fat 0g 0%

Sodium 0mg 0%

Total Carbohydrate 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g

* Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron and potassium.

Ingredients

Vapor Distilled Water, Fruit Extract, Calcium Chloride and Magnesium Chloride Electrolyte Sources Electrolytes Added for Taste, Ashwagandha, Dandelion, Green Tea, or Ginseng Extract, Potassium Bicarbonate (Electrolyte Sources*)

*Electrolytes Added for Taste.

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