

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - Excessive Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Will Not Impact Blood Sugar

Sodium Content:

CON - High Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

ORGANIKA

Manufacturer:

Organika Health

Phone: 604-277-3302

Email: care@organika.com

www.organika.com/products/electrolytes-extra-strength



Organika Electrolytes Extra Strength

Description: (from Manufacturer's Website)

Designed to Provide an Increased Level of Sodium, Along with Potassium and Magnesium so You Can Retain Fluids and the Ionic Balance Your Body Needs after High Activity, Illness, or Sweating.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Powder - Bulk

Beverage Base:

Still Water

Label (and Other) Warnings:

Not for Children, Consumption Level Warning

Allergens: (Ingredient Related)

None

Price per Serving:** \$1.67

3rd Party Certifications:

Gluten Free, Non-GMO, Vegan, Keto-Paleo Friendly

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon Lime, Fruit Punch

Poor Choice

Rating: **60.0** points



Supplemented Food Facts Info-aliment supplémenté

Per 1 scoop (6 g) / par 1 mesure (6 g)

Calories 10	% Daily Value*
	% valeur quotidienne*
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	0 %
Carbohydrate / Glucides 1 g	
Fibre / Fibres 1 g	3 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 0 g	
Cholesterol / Cholestérol 0 mg	
Sodium 1000 mg	43 %
Calcium 0 mg	0 %
Iron / Fer 0 mg	0 %
Chloride / Chlorure 1550 mg	67 %

* 5% or less is a little, 15% or more is a lot / *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

Supplemented with / Supplémenté en†	
Magnesium / Magnésium 79 mg	19 %
Potassium 186 mg	5 %

† Includes naturally occurring and supplemental amounts / † Comprend les quantités naturelles et supplémentées

Ingredients

Sodium Chloride, Citric Acid, Natural Lemon Lime Flavor, Magnesium Citrate, Potassium Citrate, Spirulina, Carrot, Hibiscus and Apple Concentrate (for Color), Stevia Extract, Beta-Carotene (for Color).

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