

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

CON - Inadequate Amount of Electrolytes

### Electrolyte Balance:

CON - Unbalanced Electrolytes

### Flavoring:

CON - Contains Some Artificial Flavor(s)

### Coloring:

CON - Contains Artificial Color(s)

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

MIXED - Contains Both Natural and Artificial Sweeteners, PRO - Does Not Contain Stevia

### Glycemic Index:

PRO - Low Glycemic Index

### Sodium Content:

PRO - Limited or No Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

CON - No Other Functional Benefits



### Manufacturer:

Iovate Health Sciences International Inc.

Phone: 888-334-4448

Email: [www.sixstarpro.com/pages/contact](http://www.sixstarpro.com/pages/contact)

[www.sixstarpro.com/products/ultimate-hydration](http://www.sixstarpro.com/products/ultimate-hydration)



## SixStar Ultimate Hydration

### Description: (from Manufacturer's Website)

Engineered Especially for Athletes - Helps You Power Through Every Fourth Down, Lay-Up and Sprint.

Price per Serving:\*\* \$0.32

### 3rd Party Certifications:

None

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Watermelon

### Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

### Beverage Form:

Powder - Bulk

### Beverage Base:

Still Water

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

Tree Nuts and/or Coconut

Poor Choice

Rating: **62.0** points



## Nutrition Facts

Approx. 50 Servings Per Container

Serving Size **1 Scoop (7g)**

Amount Per Serving

**Calories 20**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
<b>Sodium</b> 170mg	<b>7%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Total Sugars 1g	
Includes 1g of Added Sugars	<b>2%</b>
<b>Protein</b> 0g	<b>0%</b>
<b>Magnesium</b> 55mg	<b>15%</b>
<b>Zinc</b> 15mg	<b>140%</b>

Not a significant source of saturated fat, cholesterol, dietary fiber, vitamin D, potassium, calcium or iron.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

### Ingredients

Maltodextrin, Isomaltulose, Sodium Citrate, Malic Acid, Natural and Artificial Flavors, Silicon Dioxide, Zinc Gluconate, Coconut Water Powder, Fruit Juice Powder, Sucralose, Magnesium Oxide, Salt, Citric Acid, Acesulfame Potassium, Dipotassium Phosphate, FD&C Red No.40. Contains: Tree Nuts (Coconut).

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