

2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

CON - High Amount of Electrolytes

Electrolyte Balance:

CON - Unbalanced Electrolytes

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

NEUTRAL - Doesn't Contain Any Coloring

Sugar Content:

CON - Contains Excessive Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

Glycemic Index:

CON - Medium to High Glycemic Index

Sodium Content:

CON - High Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Provides Endurance Support, Bolsters Immunity

PRECISION FUEL & HYDRATION

Manufacturer:

Precision Hydration Ltd.

Phone: N/A

Email: hello@precisionhydration.com

www.precisionhydration.com/us/en/products/ph-1500-electrolyte-drink-mix



Precision Hydration Powder 1500

Description: (from Manufacturer's Website)

PH 1500 is a Very Strong Strength Electrolyte

Drink Designed to Keep You Hydrated When Undertaking Extreme Activity. For Heavy Sweaters.

Price per Serving:** \$1.62

3rd Party Certifications:

Informed Sport, Vegan, Natural

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Mild Citrus

Primary Application(s):

Sports Activity (Fitness), Extreme Workouts

Beverage Form:

Powder - Pre-Measured

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None

Not Recommended

Rating: **50.0** points



Nutrition Facts

Serving Size: 1 packet

Servings per Container: 8

Calories: **61**

Protein	0g
Total Carbohydrates	15g
Dietary Fiber	0g
Total Sugars	15g
Includes 15g Added Sugar	
Sodium	1500mg
Potassium	250mg
Calcium	48mg
Magnesium	24mg

Ingredients

Sugar, Sodium Citrate, Citric Acid, Vitamin C (Ascorbic Acid), Natural Flavoring, Potassium Chloride, Calcium Lactate and Magnesium Carbonate.

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