

# 2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

## USBRB Commentary (PROS/CONS):

### Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

### Electrolyte Content:

CON - Inadequate Amount of Electrolytes

### Electrolyte Balance:

PRO - Balanced Electrolytes/RapidHydration

### Flavoring:

PRO - Contains Natural Flavor(s)

### Coloring:

NEUTRAL - Doesn't Contain Any Coloring

### Sugar Content:

PRO - Limited or No Sugar

### Sweetener(s):

PRO - Contains Only Natural Sweetener(s),

PRO - Does Not Contain Stevia (Diuretic)

### Glycemic Index:

PRO - Low Glycemic Index

### Sodium Content:

PRO - Limited or No Sodium

### Stimulants:

PRO - Stimulant Free

### Aids Recovery:

PRO - Aids Recovery

### Provides Energy:

PRO - Boosts Energy

### Other Functional Benefits:

CON - No Other Functional Benefits



Manufacturer:  
Trace Minerals

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[www.traceminerals.com/products/electrolyte-stamina-gummies](http://www.traceminerals.com/products/electrolyte-stamina-gummies)



## Trace Minerals Electrolyte Stamina Gummies

### Description: (from Manufacturer's Website)

A Delicious and Easy Way to Provide Your Body with More Electrolytes. When You Sweat During Exercise or Strenuous Physical Activity, Your Body is Depleted of Electrolytes. Replenish Your Body with Electrolytes to Maintain Energy, Avoid Sluggishness, and Prevent Dehydration. Con-

### Primary Application(s):

Extreme Workouts

### Beverage Form:

Chews/Gummies

### Beverage Base:

N/A

### Label (and Other) Warnings:

None

### Allergens: (Ingredient Related)

Tree Nuts and/or Coconut

Price per Serving:\*\* \$0.97

### 3rd Party Certifications:

Vegan, Gluten Free

### Flavor Name(s):\*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemon Lime

Acceptable

Rating: **78.4** points



## Supplement Facts

Serving Size 3 Gummies | Servings Per Container 30

Amount Per Serving		%DV
Calories	30	
Total Carbohydrate	7g	3%*
Dietary Fiber	3g	11%*
Total Sugars	3g	**
Includes 3g Added Sugars		6%*
Calcium (from Tri-Calcium Phosphate)	10mg	1%
Chloride (from Potassium Chloride, Sodium Chloride)	115mg	5%
Sodium (from Sodium Citrate, Sodium Chloride)	23mg	1%
Potassium (as Potassium Chloride)	100mg	2%
Coconut Water	300mg	**
Ionic Trace Minerals (ITM) Complex	15mg	**
A concentrated complex of full spectrum ionic trace minerals.		

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value not established.

### Ingredients

Tapioca Syrup, Organic Cane Sugar, Water, Isomalt, Pectin, Citric Acid, Natural Lemon Lime Flavor, Monk Fruit Extract, MCT Coconut Oil. Contains: Tree Nuts (Coconut).

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