



2024 MASS MARKET SPORTS & HYDRATION DRINK REPORT

USBRB Commentary (PROS/CONS):

Hydration Capabilities:

PRO - Helps Rehydrate/Maintain Hydration

Electrolyte Content:

PRO - Proper Amount of Electrolytes

Electrolyte Balance:

PRO - Balanced Electrolytes/Rapid Hydration

Flavoring:

PRO - Contains Natural Flavor(s)

Coloring:

PRO - Contains Natural Color(s)

Sugar Content:

PRO - Limited or No Sugar

Sweetener(s):

PRO - Contains Only Natural Sweetener(s),
CON - Contains Stevia (Diuretic)

Glycemic Index:

PRO - Low Glycemic Index

Sodium Content:

PRO - Limited or No Sodium

Stimulants:

PRO - Stimulant Free

Aids Recovery:

PRO - Aids Recovery

Provides Energy:

PRO - Boosts Energy

Other Functional Benefits:

PRO - Bolsters Immunity

leisure

PROJECT

Manufacturer:

Leisure Project

Phone: N/A

Email: contact@leisureproject.co

<https://leisureproject.co/collections/recommended-products>

Leisure Hydration

Description: (from Manufacturer's Website)

Rejuvenate Your Mind and Body with our Premium Blend of Natural Electrolytes, Essential Vitamins, and Mood-Enhancing Nutrients.

Primary Application(s):

Daily Hydration, Sports Activity (Fitness)

Beverage Form:

Ready to Drink

Beverage Base:

Still Water

Label (and Other) Warnings:

None

Allergens: (Ingredient Related)

None



Price per Serving:** \$0.83

3rd Party Certifications:

None

Flavor Name(s):*

(Different flavors may have unique ingredients and nutritional information related to their specific flavoring and/or coloring agents - see individual product labels for details.)

Lemonade, Wild Blueberry, Tropical Mango

Top Pick

Rating: **90.9** points



Nutrition Facts

1 serving per container

Serving Size

1 Can

Amount Per Serving

Calories

30

% Daily Value

Total Fat 0g **0%**

Sodium 25mg **1%**

Total Carbohydrate 8g **3%**

Total Sugars 5g

Includes 3g Added Sugars **6%**

Protein 0g

Potassium 60mg **2%**

Vitamin C 120mg **140%**

Vitamin B6 1.7mg **100%**

Vitamin B12 2.4mcg **100%**

Magnesium 140mg **35%**

Chloride 400mg **20%**

Sulfate 75mg **1%**

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber calcium, and iron

Ingredients

Water, Fruit Juice, Natural Flavors, Leisure Blend [Ocean Minerals (Electrolytes), L-Thanine, Ashwagandha, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B12 (Cyanocobalamin)], Fruit Nectar, Organic Agave Nectar, Fruit and Vegetable Juices (Color), Vitamin C (Ascorbic Acid), Stevia Extract.

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